

Issue #2
Jul - Dec 2026

Inside:

A look at how Project Kampung Kelapa (KK) brings hope to the community. Discover how a welcoming space, meaningful friendships and everyday conversations have helped ease his worries and remind him that he is not alone. Read his story on page 8-9.



▲ Volunteers from Blue Pocket assisting in the elderly exercise at Project KK.

Success Story

Bundle of Love fundraising campaign

We are thrilled to announce that our "Bundle of Love" campaign has raised over \$19,000 through the sales of our dumplings and generous donations! These funds raised will support the long-term sustainability of our non-income-generating programmes and services, enabling us to continue meeting the needs of the community we serve.

We thank all donors, supporters, volunteers and staff for your belief and support in our works.

Corporate & Schools Partnerships

Wonderful things are happening at Bethel Community Services (BCS)! We are deeply grateful for the many corporate and school partners who have joined hands with us to make a meaningful and lasting difference in our community. Through these partnerships, we are able to extend our reach, strengthen our programmes, and bring hope and support to more individuals and families. Read more about the impact Ngee Ann Polytechnic student volunteers had - more on page 14.

感恩双亲，温暖相伴

伯特利托儿中心 (BCDC) 首次举办双亲节庆祝活动，以“感恩双亲，温暖相伴”为主题，让孩子们通过精彩表演、亲子互动与创意手工，学习表达爱、感受爱与回报爱。更多温馨活动花絮，敬请翻阅第13页。





Chairman's Message

GOD HAS SO-MUCH-MORE FOR US

"No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him."

1 Cor. 2:9

Since its inception, BCS has remained committed to nurturing and supporting children through our children and student care programmes, which continue to be at the heart of our mission. As our community has evolved, so too have the needs around us. In recent years, BCS has expanded our programmes and services to better support seniors in the Geylang East Central (GEC) community. While many continue to lead active and independent lives, some may face challenges such as social isolation, limited family support or financial constraints. As they grow older, everyday tasks that were once second nature may become more physically demanding, requiring greater time and effort. Beyond these visible changes, some also carry quiet struggles – feelings of frustration, loneliness or helplessness that often go unnoticed.

As we journey alongside our seniors, we are reminded that growing older is not a season of losing one's value or purpose. While age may bring new challenges, every individual continues to be deeply loved by God and an important part of the community. At BCS, we desire to respond with compassion and practical care, creating opportunities to *Bless, Care and Share* through programmes and services that foster friendship, encourage active living, and bring hope to everyday life. This reflects God's enduring love and faithfulness, beautifully expressed through the words of the prophet Isaiah:



Even to your old age and gray hairs I am He, I am He who will sustain you.

Isaiah 46:4a



Through our weekly activities such as TCM clinic, breakfast conversations, birthday celebrations, karaoke, bingo games, food distributions, line dancing and Seniors' exercises etc, BCS hopes to create meaningful relationships and bring joy and purpose to the elderly. As they make new friends, deepen relationships and share life experiences, BCS hope that the seniors' community in GEC will have a renewed zest for life.

Finally, I would like to thank all our donors, partners and volunteers for their generosity and incredible support, without which we would not be able to run many of these programmes and activities. In addition, I want to thank all the staff of BCS and our amazing volunteers, for their dedication and tenacity in making things happen.

May BCS continue to be a hub where residents in our community gather to connect and enjoy themselves; and may the Lord continue to bless the works of BCS!

Wong Yew Keong

**Chairman, Bethel Community Services
& Senior Pastor, Bethel Assembly of God**





主席的信息

上帝为我们预备的，还有更多

“神为爱他的人所预备的，是眼睛没有见过，耳朵没有听过，人心也没有想过的。”

哥林多前书 2:9

自成立以来，BCS 始终致力于透过教育中心及儿童服务项目，为儿童提供支持。这些服务至今仍然是我们使命的重要核心。

多年来，我们也不断拓展各项服务与计划，以更好地回应芽笼东中（Geylang East Central，简称 GEC）社区年长者日益增长的需要。这些长者当中，许多人独立生活，或仅与年迈的配偶同住；部分长者也面对社交或经济上的挑战，使他们的日常生活更加不容易。

当我们一路陪伴长者同行时，我们再次体会到，年老并不意味着失去自身的价值或人生的意义。虽然随着年龄增长，可能会面对新的挑战，但每一位长者依然深深地蒙上帝所爱，也是社区中不可或缺的一份子。

在 BCS，我们盼望以怜悯与实际的关怀作出回应，并透过促进友谊、鼓励积极生活，以及为日常生活带来盼望的各项活动与服务，创造更多机会去践行“祝福、关怀与分享”（Bless, Care and Share）。这一切都反映着上帝永不改变的爱与信实，正如先知以赛亚所说：

透过每周举办的各项活动，如中医诊所、早餐交流会、生日庆祝会、卡拉OK、宾果游戏、食物派发、排舞及长者运动等，BCS盼望与长者建立有意义的关系，为他们的生活带来喜乐与动力。随着长者结识新朋友、建立更深的关系，并分享彼此的人生经历，我们盼望GEC的长者群体能够重新发现生活的美好与意义，以更积极、充满活力的心态享受人生。



**直到你们年老，我还是一样；
直到你们发白，我仍然扶持你们；
以赛亚书46:4a**



最后，我想衷心感谢所有捐献者、合作伙伴及志愿者一直以来慷慨的支持与付出。若没有大家的参与和支持，我们将无法持续开展许多这些重要的活动与服务。

同时，我也要特别感谢 BCS 全体同工以及我们一群优秀的志愿者，感谢你们一直以来的投入、坚持与不懈努力，让许多美好的事工得以落实，并真正走进社区、祝福更多人的生命。

愿 BCS 继续成为社区居民相聚、交流、建立关系并享受美好时光的温暖中心；也愿主继续赐福 BCS 所开展的一切工作与事工，使我们能够持续祝福、关怀与分享，将祂的爱与盼望带给社区中的每一个人！

Wong Yew Keong

伯特利社区服务主席

神召会伯特利堂主任牧师



Executive Director's Message

THE LIGHT THAT SHINES

You are the light of the world. A city set on a hill cannot be hidden.

Matthew 5:14



For more than two decades, Bethel Community Services (BCS) has had the privilege of calling this community home.

Our journey began in 1999 when we opened the doors of our childcare centre, Bethel Child Development Centre. Since then, we have grown, with the launch of our before and after school care, Bethel Student Care Centre in 2003 and completing our early-years ecosystem with our infant care centre, Bethel Tots Centre in 2012.

Over the years, countless children have walked through the doors of at least one of our education centres. Watching them learn, grow, and flourish has been one of our greatest joys. Many have returned either as older siblings, volunteers, or even parents themselves, reminding us that community is built through relationships that stand the test of time



Beyond our centres, we are deeply blessed for the friendships that we have built with residents, local hawkers, shop owners and our community partners. These familiar faces are those who keep our neighbourhood vibrant and warm.

To continue...



6744 7422



www.bethelcs.org.sg



Bethel Community Services



[bethelcs.sg](https://www.instagram.com/bethelcs.sg)



▲ volunteers from Art For Good SG and Givaudan

Bridging connections

As we look ahead to the near future, we are excited to deepen these connections. In recent months, we have refreshed our website (www.bethelcs.org.sg) and enhanced our social media platforms (Facebook & Instagram) to better share stories, news, and opportunities for our community to stay connected. We have also embarked on an inspiring project to repaint our childcare centre's mural together with our volunteer partners, Art for Good and Givaudan Singapore P/L. This new mural is more than just a colourful landmark, it reflects the hope, creativity, and unity that define our community.



▲ The young and younger volunteering to paint the mural

Bridging generations

One of our initiatives is the growing number of intergenerational programmes taking place during our weekly Wednesday seniors' gathering. Bringing together our seniors with children from Bethel Child Development Centre and Bethel Student Care Centre, we are intentionally creating a beautiful & natural platform for our seniors to experience the joy of "grandparent" time...

and simultaneously, our children are learning the invaluable life lessons of respect, empathy, and the joy of serving their elders with simple acts of kindness and spending time with seniors either through games or handicraft.



▲ Inter-gen interaction at Mother's Day

As Bethel Community Services continues to grow, our commitment remains unchanged - to serve our community with love, compassion, and purpose. We are continually exploring new initiatives and partnerships that will enable us to reach more residents, respond to evolving needs, and create spaces where people of all ages can connect, belong, and thrive.

Thank you for being part of this journey with us. Whether you are a resident, a neighbour, a hawker, a shop owner in this community, a volunteer, a donor, a community partner, or a friend, you are an important part of our BCS family. Together, we look forward to building an even stronger, more caring, and more connected community - one that continues to be a blessing to every life we touch.

Grace Tan
Executive Director



The hidden strength of seniors

By Aaron Toke
Social Worker

When I first started working with seniors, I thought my role would be support them through the challenges they faced. Many of them were dealing with health issues, mobility limitations, financial constraints or the loss of a loved one. I expected to be the one helping them.

What I did not expect was how much they would also teach me about resilience.

Over the course of time that I have spent with them, I had the opportunity to meet many from all walks of life. Some live alone. Some are caregivers who continues to look after their spouse despite their own health conditions and limited resources. Others face financial difficulties or chronic illnesses. On paper, many of them appear vulnerable and some genuinely require additional help from us.

Yet time and time again, I found myself marvelling at their resilience. Growing up, I often associated strength with physical ability or the ability to overcome obstacles quickly. However, the seniors in this community have challenged my understanding of it.

It can be found in the senior who is always cheerful and encouraging despite waking up every morning in pain. It can be found in the widow who learns to navigate life again after the decades of sharing it with someone else.



Others continue to volunteer their time and effort despite whatever they might have going on at home, believing that they should contribute if they are still able to.

What strikes me the most is that many of them do not see themselves as resilient. They do not speak about overcoming adversity neither do they demonstrate any desire to be admired. They simply do what they need to do to get through each day. They adapt to changes. In many of my conversations with them, they rarely dwell on what they have lost. Instead, they talk about their children or grandchildren, friendships they have formed over the years or daily activities and events that they look forward to. Their perspective has shown me that resilience is not about pretending that difficulties do not exist. It is about finding reasons to keep going despite them.

To continue...



As much as we seek to support them, there is also much that we have received from them.



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Bethel Community Services



[bethelcs.sg](https://www.instagram.com/bethelcs.sg)



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In the fast-paced society that we now live in where it is easy to focus on what we may lack, many seniors have also shown me how to appreciate the simpler things in life. Conversations with friends and family. A visit from their children and grandchildren. Or just spending time in the community with friends.

Every home visit, every conversation as well as the time spent during each programme reinforces the fact that our seniors are not defined by their limitations but by the lives they have lived, the challenges that they have overcome and the wisdom they continue to share.

There is also strength in recognising when a situation becomes too overwhelming and being willing to ask for help. Many value their independence and do not want to burden their families or friends. As a result, asking for help is not easy. It means certain tasks have become more difficult and they can no longer manage everything themselves.

In a society that celebrate self-sufficiency, it is a common misconception that asking for help is a sign of weakness. Strength can also be found in humility and the willingness to lean on another for support when necessary. Sometimes, resilience is not just about carrying all your burdens alone, but knowing when it is time to let others walk alongside you.

As much as we seek to support them, there is also much that we have received from them. A reminder of what truly matters.





Project KK: Rebuilding Kampung Spirit, One Morning at a Time

By Benjamin Lim
Social Worker

On every second and fourth Tuesday of the month, the multipurpose hall at Blk 65A Circuit Road comes alive with energy and warmth. Residents from the neighbourhood gather in the early morning, easing into the day with light exercises before sharing a simple cup of warm beverage and conversation.

What may appear to be a modest community activity is something far more meaningful.

Project KK was created with a clear vision: to transform underutilized void deck spaces into vibrant communal hubs that rekindle the kampung spirit. In a rapidly changing urban landscape, many residents—especially seniors—face increasing isolation due to mobility challenges, caregiving responsibilities, or limited social networks. Project KK seeks to bridge these gaps by offering a consistent, welcoming space for connection.

The strength of volunteers

This vision has been strengthened by the support of corporate partners, including those from Project V, as well as dedicated volunteers. Together, they bring life to each session—not just through organized activities, but through small, genuine acts of care. Whether it is sharing stories, exchanging laughter during exercise sessions, or simply holding an umbrella for a resident in the rain, these moments quietly build a stronger, more compassionate community.



▲ A corporate volunteer from Blue Pocket helping to shelter rain for a participant of Project KK.

To continue...

Interested to volunteer?

You can email your interest to volunteering@bethelcs.org.sg, or simply call 6744 7422 to find out more about programmes.



6744 7422



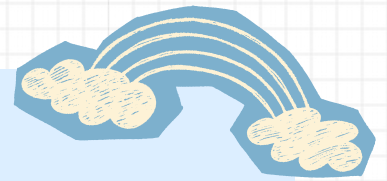
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Bethel Community Services



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A Story Behind the Smiles

Among the regular attendees is 80-year-old Uncle O, a security guard who first wandered into Project KK after completing a night shift. He came in search of a simple cup of tea, but what he found was something much more.

From the start, Uncle O stood out for his cheerful personality and infectious laughter. Over time, he became a familiar and much-loved presence, faithfully attending each session.

But on 7 April 2026, something was different.

He arrived quieter than usual, his usual warmth subdued. As we sat together, he began to share the reality behind his smile. Uncle O lives in a one-room rental flat with his 43-year-old son, who has a mental disability and is unable to work. Beneath his resilience lies a deep and persistent worry: what will happen to his son when he is no longer around?

As he spoke, his voice faltered and his eyes filled with tears. For a long time, he had been carrying these fears alone, with no one he felt he could truly confide in.

In that moment, the cheerful man everyone knew revealed the weight he had been silently bearing.

Yet, even in his vulnerability, Uncle O shared something powerful. Project KK, he said, means a great deal to him. It is a place where he can meet others, engage in activities, and, in his own words, "just enjoy my tea and the company instead of my worries."

Through Project KK, Uncle O has found not only companionship, but also a sense of belonging. He has built friendships within the community—people who now walk alongside him in his journey.



▲ Volunteer interacting at Project KK.

More than a programme

Uncle O's story reminds us that community initiatives like Project KK are not just about activities—they are about people and relationships.

They are about creating spaces where individuals feel seen, heard, and valued. Spaces where stories are shared, burdens are lightened, and connections are formed. With the continued support of partners and volunteers, Project KK will keep growing its impact—one conversation, one act of kindness, and one shared cup of tea at a time.



Outdoor play for infants

By Li Peixuan

Former Principal (BCDC & BTC)

Outdoor play is an essential part of an infant's learning and development journey. Outdoors also provide the opportunities for both adults and infants to catch a glimpse of the sun and to break away from the daily routines for a breath of fresh air. Outdoor experiences provide valuable opportunities for infants to explore, discover, and learn through their senses.

The Early Childhood Development Agency (ECDA) encourages infants aged 6 months and above to participate in outdoor activities for 15 to 30 minutes a week minimum at infant care.

These experiences support holistic development and help children build meaningful connections with the world around them. By talking a walk to the market, strolling along the estate, sitting at the bus stop, people watching and observing the vehicles on the road are simple things but help children build meaningful connections. It broadens their perspective when they are not only confined to indoor spaces. As we have the privileged of having parks and playgrounds within our vicinity, younger infants who are unable to walk, pushing them on the stroller are considered too.



Benefits of Outdoors Physical Development

For older infants, outdoor environments encourage infants to move, crawl, walk, and explore. These activities help strengthen muscles, improve balance and coordination and develop gross motor skills. With a bigger space, infants feel better as it allows them to move around freely, understanding what their bodies can do.

Cognitive Development

Nature provides endless opportunities for curiosity and discovery. Infants learn by observing birds, leaves, flowers, and changing weather conditions. These experiences stimulate thinking, problem-solving, and language development. It helps them to be curious about what is happening around them. The sights that they see, the sounds that they hear, the interactions with people in the neighbourhood stopping to say hi.

Social and Emotional Development

Outdoor play promotes confidence, independence, and a sense of well-being. Infants feel secure and develop positive relationships through shared experiences when adults provide the opportunities for them to explore freely.



成长起点 温暖如初

By Lin Fang Yu
老师 (婴幼儿中心)

根据孩子的年龄段，通过感官刺激、动作发展、规律作息、语言启蒙、音乐、认识探索、让孩子在游戏中探索学习，在快乐中成长！游戏中学习是什么呢？

是自由游戏和有目的性游戏，让孩子在均衡的环境中愉快地学习！我们提供工具、支持，让孩子自己探索、寻找和发现答案！

不同的器材会发出不同的声音，宝宝自己选汤匙作为敲打用具，宝宝专注的摸索着在各种玩具上敲出各种不同声音，从声音中探索发现学习。

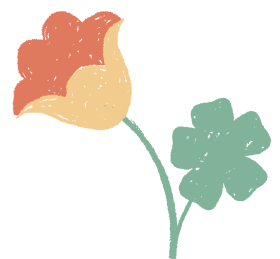
感受大自然，发现彩色透纸外的有趣事物！宝宝拿着彩色透纸看周围，笑了起来，拿靠近点看，再靠近点看看，哈哈... 我们的宝宝看到怎样的世界呢！



合作与社会发展

在我们托儿所，孩子们通过共同游戏学习，练习沟通、合作和协商。这为他们提供了处理冲突和培养同理心的机会。在这个过程中，他们会培养出有意义的人际关系和沟通技巧，这些都将使他们终身受益。

我们15年如一日，初心依旧！用心为孩子打造一个安全、愉快成长、学习的环境！



Not So Terrible twos: Understanding Big Feelings behind Big Behaviours

By Mandy Mak
Teacher (BCDC)

"Terrible Twos" is a term that many parents are familiar with. As children grow, they begin to develop a sense of independence, learn to express their emotions, and expand their language skills. During this stage, children often experience big emotions but may not yet have the vocabulary or communication skills to express their needs and feelings effectively. As a result, behaviours such as crying, throwing themselves or objects on the floor, hitting, and biting may occur. While these behaviours can be challenging for parents, caregivers and teachers, they are often a normal part of a child's development.

Many people may associate the term "Terrible Twos" with naughty behaviour because of the word "terrible". However, this stage is actually an important period of growth as children begin to form their own preferences and make simple choices. Frustration can arise when their abilities do not match what they want to do or when they are unable to communicate their needs clearly.

3 helpful approaches

As a preschool teacher, I often wonder what a child may be thinking and how I can best support them during these moments. Through my years of teaching, I have found three helpful approaches:

1

Allow children to express their emotions in a safe environment while ensuring that they do not hurt themselves or others.

2

Use role play to demonstrate appropriate behaviours and teach children alternative ways to respond.

3

Recognise and praise positive behaviour, as encouragement helps children build confidence and reinforces good choices.

In conclusion, the "Terrible Twos" is an important stage of growth and development. With patience, understanding and consistent guidance, adults can help children develop healthy ways of expressing their emotions and communicating with others.





幼儿园“感恩双亲节”活动

By Zhang Wei
老师 (伯特利托儿中心)

为弘扬中华民族孝亲敬长的传统美德，培养幼儿知恩、感恩、报恩的良好品质，我园于近日举行了以“感恩双亲，温暖相伴”为主题的双亲节庆祝活动。活动在温馨欢快的氛围中拉开帷幕，孩子们用纯真的笑容、稚嫩的话语和真挚的行动，向爸爸妈妈表达了最深的爱与祝福。

活动现场，孩子们还为爸爸妈妈送上了精心排练的节目表演。清脆的歌声、可爱的舞蹈、整齐的动作，展示了幼儿积极向上的精神风貌，也把现场气氛推向了高潮。许多家长在观看表演时露出了欣慰的笑容，不少人还拿出手机记录下这难忘的瞬间。孩子们在表演中学会了勇敢表达，在掌声中增强了自信心，也让“感恩”不再只是口号，而是变成了看得见、摸得着的行动。



有的孩子画上了全家福，有的装饰了“爸爸妈妈我爱你们”的字样，还有的在帽子上贴上代表家庭的爱心与花朵。



在手工制作环节，我园特别设置了“亲子帽子”制作活动，孩子们和父母一起动手，共同完成了一顶充满爱意的感恩帽。家长和孩子选用彩纸、布料、贴纸、丝带等材料，根据各自的想法设计帽子的形状与图案。

在本次双亲节活动，既是一场充满爱与欢乐的亲子盛会，也是一次生动的感恩教育实践。孩子们在参与中学会了表达爱、理解爱和回报爱，家长们也在陪伴中感受到了孩子成长的喜悦。今后，我园将继续把感恩教育融入日常教学与生活中，通过丰富多彩的活动，持续培养幼儿热爱家庭、尊敬长辈、关爱他人的良好品格，让感恩之心在孩子们心中生根发芽、茁壮成长。

让我们共同携手，以爱育爱，以心传心，让每一个孩子都在温暖的家庭和幸福的校园中健康快乐地成长。





Volunteer impact

Ngee Ann Polytechnic Volunteers Soar with Our Children

By Catherine Tan
Teacher (BSCC)

Bethel Student Care was blessed with a visit from a dedicated group of volunteers from Ngee Ann Polytechnic. On 10 June 2026, these students brought energy, creativity, and heart to our centre, leaving a lasting impression on both children and teachers.

The volunteers engaged our children in hands-on activities that sparked joy and learning. From folding colourful paper airplanes and origami hearts, to exciting team games (indoor and outdoor) that had everyone laughing, each session was thoughtfully planned and well-structured. The team demonstrated outstanding organization, ensuring every child felt included and supported.

Beyond the fun, the volunteers showed genuine care. As a lovely gesture, each child received a gift, making the day truly unforgettable. The impact went beyond crafts and games - children practiced teamwork, fine motor skills, creativity, and communication while building new friendships with the volunteers.

We are deeply grateful for the seamless teamwork and positive spirit the NP students brought. Their community service not only brightened our children's day, but also inspired them with the value of giving back.

Kudos to this fantastic team from Ngee Ann Polytechnic! We look forward to welcoming them again!



Ways to support BCS

1 Donate

We accept Paynow/Credit Card/Cheque.

For Paynow, key in **UEN No.: T04SS0113A** in your mobile banking app.

For giving and tax deduction processing, please visit www.bethelcs.org.sg/donate for more information.

Donation \$10 and more are eligible for 250% tax deduction.



2 Volunteer

Whether you are an individual or represent a school or your organization, if you share our heart for our community, we would love to have you!

To find out more about our activities and how you can volunteer, visit www.bethelcs.org.sg.

You can also write in to us at volunteering@bethelcs.org.sg.



3 Be an Advocate

Your positive experience with Bethel Community Services can make a meaningful difference. By sharing it with family, friends, and neighbours, you help more people learn about our programmes, services, and early childhood education centres that support the community.

You can also help by liking, following, and sharing our social media posts. Each share raises awareness and may connect someone in need with the support they are looking for.



Know someone who needs help?

If you know of an individual or family who may benefit from our services, we encourage you to refer them to us. They can contact us at 6744 7422 or email socialwork@bethelcs.org.sg.



6744 7422



www.bethelcs.org.sg



Bethel Community Services



[bethelcs.sg](https://www.instagram.com/bethelcs.sg)

Let's Stay Connected



Blk 114 Aljunied Ave 2
Singapore 380114



6744 7422



www.bethelcs.org.sg



Bethel Community Services



[bethelcs.sg](https://www.instagram.com/bethelcs.sg)

Education Centres

If you would like to enrol your child, simply call the respective hotlines of the centre.

Bethel Tots Centre

Blk 100 Aljunied Crescent #01-369
Singapore 380100
+65 6841 8762
bcdc@bethelcs.org.sg

Bethel Child Development Centre

Blk 111 Aljunied Crescent #01-110
Singapore 380111
+65 6846 9287
bcdc@bethelcs.org.sg

Bethel Student Care Centre

114 Aljunied Avenue 2, #03-75
Singapore 380114
+65 6744 4243
bethelscc@bethelcs.org.sg

Feedback

We'd love to hear from you! Should you like to give us your feedback, simply write in to admin@bethelcs.org.sg.



**BETHEL
COMMUNITY
SERVICES**

Announcements

New website launched, with a brand new look with the same heart. You can now easily explore our programmes and services through the various tabs.

NEW ADDED FUNCTION:

A whatsapp live messaging allows you to also connect with us directly. Visit us today!

